

# Hands Off HRI

## Press Release: Mike Forster to walk Coast to Coast

From Thursday 21st July, the **Chair of Hands Off HRI, Mike Forster**, will be embarking on a **190 mile Sponsored Walk** from **Robin Hoods Bay** near Whitby across the breadth of the country and end up at **St Bee's** on the West Coast near Whitehaven.

This will be a test of endurance for the 60 year old but he is both confident and determined to complete the quest.

The walk will take Mike through the Yorkshire Moors; the Yorkshire Dales and finally across the Lake District following the path originally developed by the famous walker, Arthur Wainwright. Mike however will be walking from East to West and hopes to raise funds along the way for the campaign.

**Mike** explained the reason behind his challenge:

*“The Campaign is always looking for new and different ways to raise funds. I decided to walk the **Coast to Coast** in the hope that people would recognise the effort involved and sponsor my endeavours. After our walk from Halifax to Holmfirth, I thought 'Why not?’*

*“Naturally I am travelling through some of the most beautiful countryside in our country so I will be enjoying the experience I'm sure. The wonderful **HandsOffHRI Merchandise Team** have made me a **bespoke T-Shirt** for the event so I hope to attract attention and engage in many conversations about our campaign as I travel along.”*

If you feel you could sponsor Mike, you will find a sponsor form to download from the **Hands Off HRI** website (<http://handsoffhri.org/fundraising/#mike-forster>).

If you wish to make an individual anonymous donation to support Mike, you will also find:

- 1) The **HandsOffHRI PayPal Button**
- 2) A link to the **HandsOffHRI Fundrazr Page**
- 3) Or you can make a donation by paying directly into the **HandsOffHRI Bank Account**.

All donations will be going towards the legal challenge which is now well underway to save our **Huddersfield Royal Infirmary A&E**.

For more information about **Mike's Sponsored Coast to Coast Walk** or the **HandsOffHRI Campaign**, please telephone **Mike** or **Helen**:

**Mike Forster – Tel: 07887668740**

**Helen Kingston – Tel: 07472281486**